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The Elder Joseph the Hesychast (+1959)

Strugles, Experiences, Teachings (1)

In English / Joseph the Hesychast



Introduction

It is only natural for noble memories to be recorded, so that they remain forever as

glowing landmarks in spiritual history. This is the more necessary these days, when life is in a state of flux and rapid change so that the traditional foundations are almost totally transformed. Anyone of an advanced age will have something to say from his experience of the past, as a witness to events and a source of reliable information. But this is also an obligation which creates history. This is how knowledge about the lives of former generations is handed down to us – of how they lived, how and what they thought and what their social and spiritual life was like.

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