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## **The Elder Joseph the Hesychast (+1959) Struggles, Experiences, Teachings (10)**

[Ξένες γλώσσες / In English / Joseph the Hesychast](#)



## **Continued from (9)**

### **9. Various Trials and Manifest Aid from our Lady the Mother of God**

The Apostle Paul informs the fullness of the Church about his trials and his affliction, which were so extensive that he 'despaired of life itself' (2 Cor. 1:8). He stresses that he was 'utterly crushed beyond his strength'; and corresponding to this we have the patristic interpretation and practice which describes how terrible and numerous are the trials which lurk in the way of those who wish to be saved. Of course, there are also other passages in Scripture which deal with the same subject, and it may be said that the chief prerequisite for salvation is endurance of many trials. But it is the Apostle Paul in particular who reveals to us the mystery and the meaning of tribulations – the chief of the Apostles, the giant of the Church, the exact image of Christ. If he, Paul, who constantly urges us to imitate him (1 Cor. 11:1), and who quite simply carried out all that has been commanded us (Lk 17:10), according to our Lord's word – if Paul expresses himself in this way, saying that the tribulations that are for salvation and perfection can push one to despair even of life itself, then one can understand the furnace that our Fathers passed through, those who in ancient times and more recently have held to the same path (cf. Phil. 3:16).

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