26 Οκτωβρίου 2009

# The Elder Joseph the Hesychast (+1959) Strugles, Experiences, Teachings (19)

Ξένες γλώσσες / In English / Joseph the Hesychast



**Continued from (18)**

### 3. On Regime and Disorder

Among the duties which the ever-memorable Elder taught us during the first days of our life under him was that of good order and keeping to a regime, while he described disorder to us in the blackest of colours. He often quoted to us the saying of St Ephrem the Syrian, ‘Those who have no guidance fall like leaves’ – which signifies, as he told us, the lack of any regime. He was also in the habit of referring to various incidents in the lives of more recent Elders and particularly of the Elder Theophylact from the hermitage of St Artemios, who was renowned for his virtue and spiritual gifts.

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