

The Holy Great-martyr Menas (11 November)

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Menas was an Egyptian by birth and a soldier by profession. As a true Christian, he was not able to witness the abominable sacrificial offerings to the idols and left the army, the town, the people and everything else, and went to a deserted mountain, for it was easier for him to live among the wild beasts than with pagans. One day Menas clairvoyantly discerned a pagan celebration in the town of Cotyaeus.

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