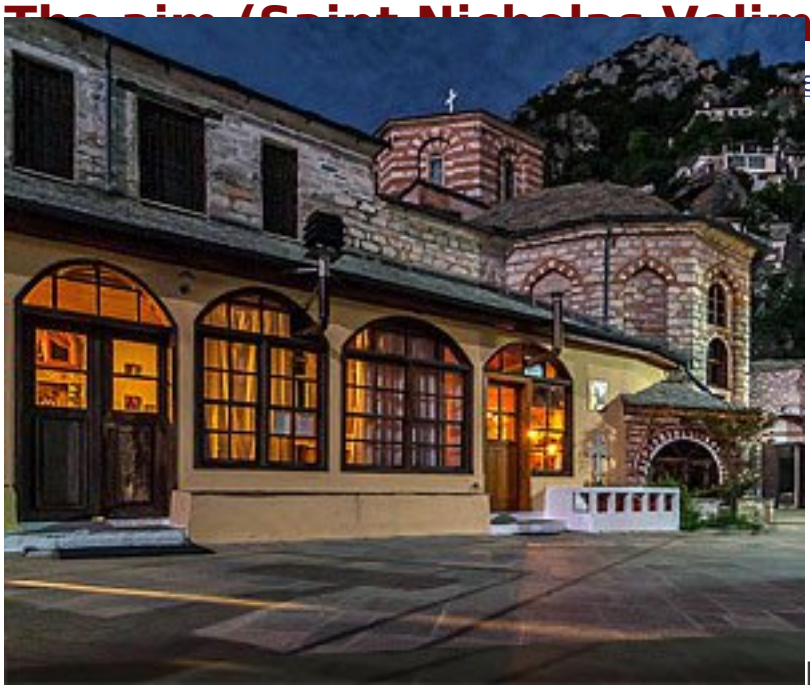
4 Ιουνίου 2015

The aim (Saint Nicholas Velimirovich)



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Being a Christian, in the narrow sense, means making extreme efforts to cleanse your heart and your mind from nasty thoughts. What kind of struggle?

There’s an enormous wealth of knowledge on this subject, with the teachings of the Fathers and a rich store of experience from the lives of thousands of holy men and women, who have confirmed these teachings in practice.

Purification of the self from wicked and nasty thoughts and the eradication of every evil has always been the aim of all the great ascetics, hermits and hesychasts.

» *Saint Nicholas Velimirovich*

Source: pemptousia.com