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You can’t put out a fire with fire (Elder Arsenie Boca)

Ξένες γλώσσες / In English / Words of Life / Ξένες γλώσσες / Ρήματα ζωής



Meekness and patience have greater power than anger and stubbornness.

You can’t put out a fire with fire, but with water. In the same way, anger isn’t conquered by anger, but by meekness and a great deal of patience.

It’s better to put a stop to your irritation with a smile than to attack like a wild animal.

» *Elder Arsenie Boca (of Romania)*

Source: pemptousia.com