



somebody accuses you of committing a sin that you didn't do, humble yourself and you'll inherit the crown of incorruption.

You'll be wise when, through your silence rather than anger, you stop the mouths of others, who speak evil.

Don't become angry or enraged except with yourself. Anger and stubbornness are uncontrollable forces of the soul.

» *Elder Arsenie Boca (of Romania)*

**Source:** [pemptousia.com](http://pemptousia.com)