



## candle (Saint Seraphim

EC

In their flesh, people are like a burning

candle.

The candle is destined to melt, as people are to die. But our souls is immortal, which is why we should turn our attention more towards it than to the body.

‘For what will it profit them if they gain the whole world but forfeit their soul? Or what will they give in exchange for their soul?’ (*Matth.* 16, 26).

» *Saint Seraphim of Sarov*

**Source:** [pemptousia.com](http://pemptousia.com)