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The Great Medicine (Porphyrios of Kavsoakalyvia)

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When you don't live with Christ, you

live in melancholy, in sorrow, in anxiety and in worry. You don't live properly. Then

all sorts of abnormalities appear, even in our organism. The body's affected, the endocrinal glands, the liver, the gall bladder, the pancreas and the stomach. People tell you: 'If you want to be healthy, drink your milk in the morning, eat your egg, your butter and a couple of slices of toast'. But if you live with Christ, if you love Christ, you'll be fine with an orange or an apple. The best medicine is to devote yourself to the worship of Christ. Everything's cured. Everything works properly. God's love transforms everything, reconstructs it, sanctifies it, rectifies it, changes it and transmutes it

Burning love for Christ is something else. It's not the end, it's not satiety. It gives life, it gives resilience, it gives health, it gives, it gives, it gives... And the more it gives, the more we want to be in love. Human love can diminish us, can send us crazy. When we love Christ, all other loves recede. Other loves have a saturation point, but love for Christ doesn't. Carnal love has a saturation point. After that, there might come jealousy, nagging and even murder. It can be transformed into hatred. Love in Christ doesn't alter. Worldly love lasts a short time and then slowly dies, whereas divine love increases and deepens. Any other kind of love can drive us to despair. But divine love raises us up into the sphere of God, it gives us serenity, joy and fulfillment. Other pleasures fatigue us, but this is never satisfied. It's an unquenchable pleasure which you never tire of. It's the greatest of blessings.