## The product of a sound mind (Saint Nectarios of Pentapolis)

Ξένες γλώσσες / In English





To be quiet is the fruit of a royal and noble upbringing. Those who've learned how to be quiet have also learned how to talk. Because to be quiet is the product of rational thought. In the same way as speaking prudently is. People who don't know how to be quiet can't hold a conversation, either.