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It's already there (Saint John of Kronstadt)

[Ξένες γλώσσες / In English](#)



When we have a good thought, it means that, within us there's a good and supreme initial cause which is bringing our soul to sanctification. It's clear from this

that every good thing is, in a sense, hidden within us and that it's a waste of time to try and put it into our hearts, since it's already there.