1 Απριλίου 2017

Η δύναμη της ευγνωμοσύνης

Θέατρο, Κινηματογράφος, Ντοκυμανταίρ, TV και Διαδίκτυο / Πολυμέσα - Multimedia



Μια νέα και όμορφη οικονομική αναλύτρια που εργάζεται στην Νέα Υόρκη δεν μας μίλησε για Οικονομία, αλλά για την ευγνωμοσύνη μέσα από την διάλυση, και πώς η τελευταία μπορεί να αντιστραφεί.

What can an Greek-American economist teach us about everyday gratitude? We think much! A discussion at the beach with friends turned into a nation-wide popular Facebook page with thousands of followers seeking to change their lives through gratitude!

Born in New York City, Melanie Vangopoulos moved to Greece at the age of 12 and spent her teenage years growing up on the island of Rhodes. She holds a Bachelor's degree in Economics & Italian and is a CFA Charterholder. Having achieved great success in her Finance career, Melanie has turned to helping others find their own greatness. An avid student of positive psychology & mental wellness, she is currently training to become a Success Coach. As the founder of a Facebook page entitled «Καθημερινή Ευγνωμοσύνη» (Daily Gratitude), Melanie inspires over 12000 people in Greece to live their best possible life with motivational posts focused on Gratitude & the power of a positive mindset.

This talk was given at a TEDx event using the TED conference format but

independently organized by a local community. Learn more at http://ted.com/tedx

Πηγή: agiazoni.gr