

Drowning in despair (Elder Sophrony of Essex)

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But there are two forms of birth: one according to the flesh and the other in the spirit. Christ said to Nicodemus: 'What is born of the flesh is flesh, and what is born

of the Spirit is spirit. Do not be astonished that I told you that all of you must be born from above' (Jn. 3, 6-7). Since women today have lost this noble awareness, they've begun to give birth mostly according to the flesh. Our children have become incapable of faith. Often it's impossible for them to believe that they're an image of the Eternal God. The greatest sin of our times lies in the fact that people have sunk into despair and no longer believe in the Resurrection.