

2 Σεπτεμβρίου 2017

## **It's attracted and lost (Elder Iosif the Hesychast)**

[Ξένες γλώσσες / In English](#)



You'll obtain Grace through pain and tears. And then, with tears of joy and gratitude, with the fear of God, you'll retain it. It's attracted by warmth and zeal;

with coldness and inattention it's lost.