It's the same (Archimandrite Zacharias Zacharou)

Ξένες γλώσσες / In English





We should also note that we priests often lose the wonderful entry into the presence of God at the Holy Sacrament of the Anaphora, because we weren't in

God's presence enough before we came to the Divine Liturgy. The same is true for all of us when we come to the Divine Liturgy. If we haven't enjoyed the stillness of God's presence, if we haven't stayed in quietude to the extent that we're able to, then we lose the power of Holy Communion, which is a communion of Christ's grace, a communion of the gifts of all the saints.