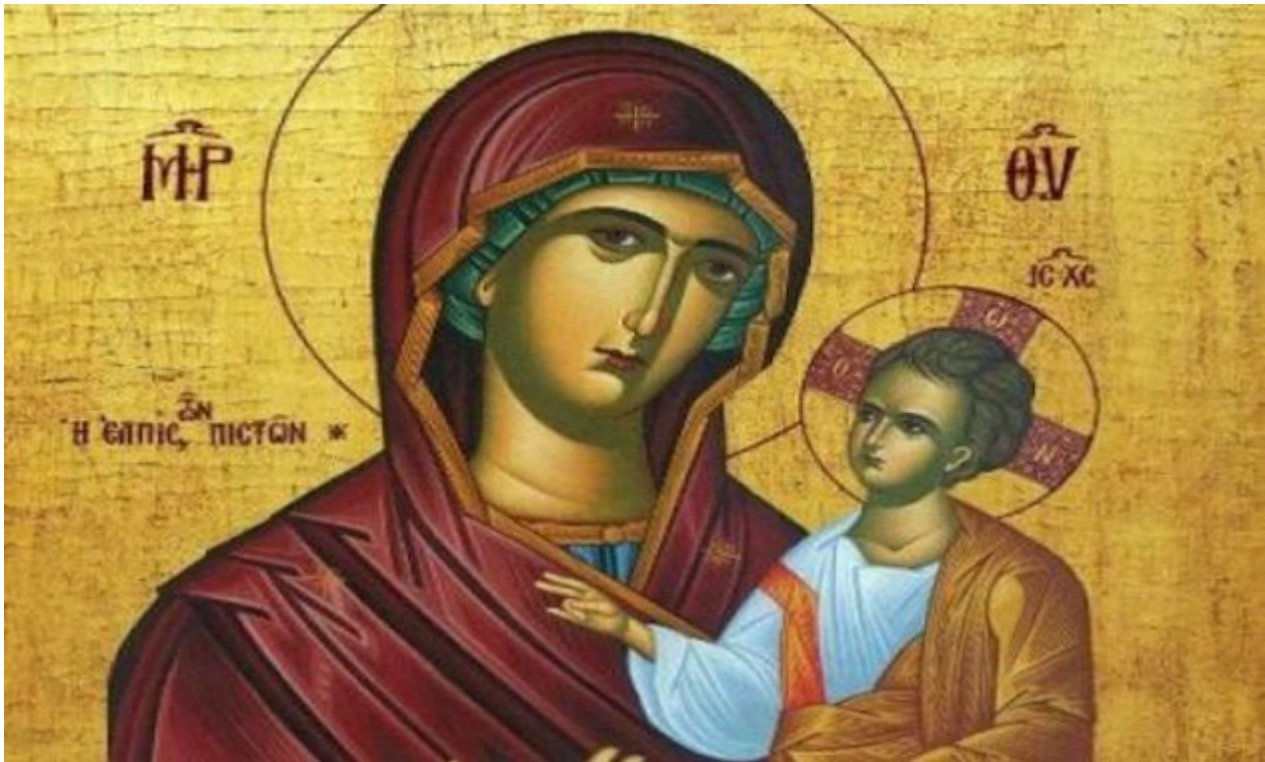


Answer and solution (Elder Efraim Vatopaidinos)

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People today should avail themselves of the intercession of the Mother of God, which saves us. In every sadness and problem, we shouldn't forget that there is the

‘help of the sorrowing, the protector, the defender, the consolation of the fearful’,
to whom we can turn and find comfort, an immediate solution and answer.