

## What Is the Mark of the True Christian?



**by St. Anastasius the Sinaite**

St. Anastasius was a priest and abbot of Mt. Sinai. His zeal for true faith led him to travel through Egypt, Arabia, and Syria to combat the errors of the Acephalites and Eutychians. His writings show not only a thorough command of Holy Scripture and a wide knowledge of the writing of the Church Fathers and other Christian writers, but also classical erudition and a solid grounding in Aristotelian philosophy. Of his prolific output the most important works are Guide Against the Acephalites and Answers to Questions. It is from the latter that the present passage is translated. St. Anastasius died in great old age in 686. [1] [\(περισσότερα...\)](#)