It lights and illumines (Saint Theophan the Recluse)

Ξένες γλώσσες / <u>In English</u>





The fear of God is the root of every good work. Never let it out of your heart even

for a minute. Like a candle, may it light and illumine all your thoughts, all the inner movements of your heart. It will teach you to make good progress and to do everything as the work of God. It'll teach you to stand like those who are in the presence of the king. It'll teach you to go forwards like someone who's holding a glass of water and mustn't spill a drop.