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The three loves (Saint Paisios the Athonite)

[Ξένες γλώσσες / In English](#)



For me there are three kinds of love: that of the flesh, which is full of spiritual germs; secular love, which is superficial, formal, hypocritical and without depth;

and spiritual love, which is true, pure and precious love. This is love which can continue 'unto the ages of ages'.

-How will I know that I have real love, Elder.

- In order to understand, see if you love all people equally and whether you think all of them are better than you.