20 Σεπτεμβρίου 2018

Watch constantly (Archimandrite Ephraim, Abbot of the Vatopaidi Monastery)

Ξένες γλώσσες / In English





In order for people to become truly spiritual, they must be aware of their many

shortcomings, the many mistakes they make, the many sins they've committed. They certainly must seek the sacrament of confession. Spiritual people must constantly watch and supervise the thoughts of their heart and their motivations, to see if they really are immersed in the cup of the life 'in Christ'.