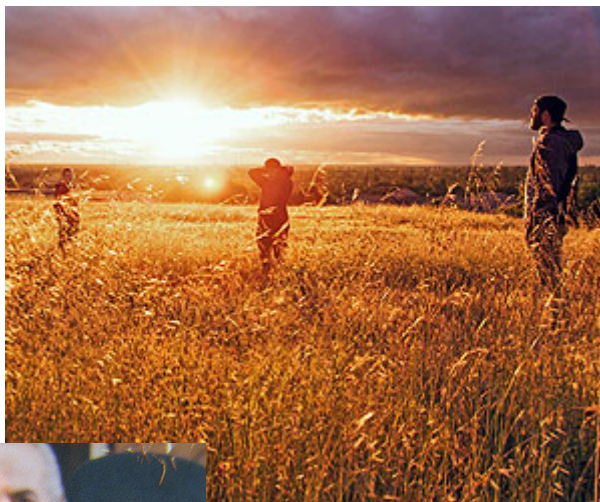


Jealousy (Elder Sophrony of Essex)

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One of the signs of egotism is the presence of

some feeling of jealousy within us.

We must avoid this feeling as if it were black death itself.

The genuine Christian life liberates us from jealousy.

» *Elder Sophrony of Essex*