## Nobody else (Abbess Theosemni, the Holy Monastery of Chrysopiyi, Hania, Crete)

<u>Ξένες γλώσσες</u> / <u>In English</u>





Let's take communion with humble thoughts. We should listen to and concentrate on the words of the Service of Holy Communion and we should say: 'Christ, I'm such a sinner and no-one else is'.