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## **Abp. Anastasios on “Theotokos spirituality”**

[Ξένες γλώσσες / In English](#)



Theotokos simply means Mother of God or God-bearer. This is Mary, Christ's mother. Think of her! She became the first and best disciple and sets the perfect example for anyone who is trying to follow her Divine Son. There are three main elements in her witness. She said to the archangel,

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[\*\*\(περισσότερα...\)\*\*](#)