Not with a heavy heart (Abba Dorotheos)

<u>Ξένες γλώσσες</u> / <u>In English</u>





Perfection is also giving alms ungrudgingly, willingly and without disdain. Give wholeheartedly, as though you yourself were the recipient, benefiting as though you were the beneficiary. Then God's will is perfected. This is how we manage to do God's will, that which is good, pleasing and perfect, according to Saint Paul: by acting in full and proper knowledge.