

Salvation Is Indeed By Grace



At a recent, post-liturgical coffee hour, a catechumen raised a question that has troubled many people who were brought up in a Protestant environment and at some point found themselves drawn to Orthodoxy. “If we are saved by grace, and not by works,” he asked, “why does the Orthodox Church put so much stress on ascetic practice? Why should it be necessary, or even useful, to fast as we do, to make countless prostrations during Great Lent, to stand for hours through long services, and even to give so much money to the Church?” (He was preparing to enter a parish in the Southern Diocese, where tithing is usually considered an important part of personal spiritual discipline.) Then he added, “Aren’t all these things works? And what happens if I don’t do them? Am I cast out of the Kingdom and basically condemned to hell?”

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