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The Place of the Heart

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“God reveals Himself in the silence of the heart.” The early desert monks, followed by ascetic laborers of every generation, came to know this truth through their own, most personal experience.

We can acquire knowledge about God in many different ways, first of all through the Bible and the Liturgy. The question, however, is how we move from knowledge about God to knowledge of God, that is, to an ever-deepening communion with Him in love.

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