

## Let us prepare ourselves to come open, empty - to be filled with the Spirit

[In English / Christianity / In English / Συναξαριακές Μορφές](#)



See also: [“A true canon of the Christian faith”](#).

**Sunday before Pentecost**

**Metropolitan Anthony of Sourozh**

During the Last Supper our Lord Jesus Christ told His disciples that separation was near, that He was to ascend to His God and to His Father as He would repeat again to the women who came to the grave. And when their hearts were filled with sorrow at the thought that they will not see Him again, He said, “Your hearts are full with sorrow and yet, you should rejoice for Me that I am returning to My Father. But I will not,” he added, “leave you orphan, I will send you the Holy Spirit, who proceeds from the Father, whom I will send to you and who will teach you all things.” And so do we here now while we are still in the light of the Ascension.

[\(περισσότερα...\)](#)