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The Christian Life

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The spiritual life, the Christian life, does not consist in developing a strong will capable of compelling us to do what we do not want. In a sense, of course, it is an achievement to do the right things when we really wish to do the wrong ones, but it remains a small achievement. A mature spiritual life implies that our conscious will is in accordance with the words of God and has remolded, transformed our nature so deeply, with the help of God's grace, that the totality of our human person is only one will.

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