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Invisible Scars

Ξένες γλώσσες / In English



By Dr. Stacy Becker

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A middle-aged woman walked into my office, took a seat and asked, “Is it possible for me to have been a victim of child abuse if I was never beaten or molested? I responded, “yes” and asked why she asked. She described herself as being frequently depressed and unable to feel good about herself. She said that she felt that she did not know who she was, or what her purpose in life was. She said that her parents were good, strict parents and that, in all honesty, she had no right to feel badly about herself. “After all,” she added, “worse things have happened to other people.” (περισσότερα...)